

103 Illaroo Road, PO Box 3346 North Nowra 2541

Ph: (02) 4421 0422

IRPS Swimming Carnival

DATE: Thursday 17 February 2022 **VENUE:** Nowra Aquatic Centre, Scenic Drive, Nowra. Depart school at 9.30am. Report to COLA at 9.00am. TIME: **Return** to school at 1.40pm. COST: \$8.00 per student WHO GOES?: Competitors only in Years 3 - 6. Year 2 students turning 8 this year must be a strong competitor and able to swim 50m confidently. **TRAVEL:** By bus **CLOTHING:** School sports uniform, swimmers, towel, warm clothing, hat, sun-protective clothing WHAT TO TAKE: 1. Recess, lunch, water (plenty to drink), hat, sunscreen. **OPTIONAL MONEY: Pool kiosk will not be available to students STAFF:** Primary staff **RULES:** 1. All student attending the carnival are to be competitors only, not a spectator. 2. Wearing of school hats is compulsory. No hat, stay in the shade 3. Sun Safe Policy states that children must have sun cream with them for this excursion. 4. Students are reminded to reapply 30+ (or higher), broad spectrum and water resistant sunscreen prior to outdoor activities such as carnivals and excursions.

- 5. Two adult spectators per family are invited to attend. No toddlers or preschool students allowed.
- 6. All competitors and spectators must be separated for the duration of the carnival.

All teaching staff members have emergency care and CPR certification. This excursion has been approved by the principal.

Teacher coordinator: Mr Jacob Barnes

Please complete the section below and return to your class teacher along with payment by Monday 14 February, 2022

Illaroo Road Public School PERMISSION NOTE - Swimming Carnival 2022

I hereby consent to my son/daughter/ward (full name) ______ class_____ class_____ participating in the swimming carnival excursion at Nowra Aquatic Centre, Scenic Drive, Nowra on Thursday 17 February 2022. Travel will be by bus.

Special needs/instructions for my child are (include all medical / allergy details):

• I understand that by signing this note I give permission for my child to receive medical treatment in case of emergency.

- I understand this is a competitor only carnival for strong swimmers and that my child will be participating.
- I understand that only two adult spectators per family are able to attend the carnival. No toddlers or preschool students allowed.
- I understand that by signing this note I give permission for my child to participate in the water or swimming activities which include:

*50m and 100m freestyle *50m breaststroke, backstroke and butterfly *200m individual medley

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Please find enclosed \$8.00

I have made payment online for \$8.00

Receipt No.

Date:

Signature of parent/guardian: _

PARENT HELPERS