ILLAROO ROAD PUBLIC SCHOOL **CROSS COUNTRY CHAMPIONSHIPS**

DATE: Monday 9th April, 2018 **ORGANISER:** Mr Klein and Mr Farguhar

VENUE: Willandra, Browns Mountain Road, West Cambewarra

COST: \$8.00 per child.

TIME: Primary assembly 9:00am

Buses depart 9:10am

9:30am (mainly for Years 2 & 3 & new pupils) Walk the course

8/9yrs girls 2000m 9:45am 8/9yrs boys 2000m 10:00am 10yrs girls 10yrs boys 2000m 2000m 10:15am 10:30am 11 yrs girls 3000m 10:45am 11 yrs boys 3000m 11:00am 12/13yrs girls 3000m 11:15am 12/13yrs boys 3000m 11:30am

ADDITIONAL INFORMATION:

- 1. All primary children are expected to attend and participate.
- 2. Age divisions are for the age turned on 2018 birthday (8yrs born 2010; 9yrs born 2009; 10yrs born 2008; etc)
- 3. Children must remain in house areas when not competing. (May bring some sort of ground cover to sit on.)
- 4. First 30 placegetters score house points. Place certificates are awarded for 1st, 2nd & 3rd.
- 5. First 5 placegetters in each event will represent Illaroo Road Public School at the district carnival. Places 6, 7 & 8 will be invited to join our training squad as reserves. Training will take place Tuesdays and Thursdays at Willandra and at
- 6. All cars should enter from the top driveway.
- 7. All cars must drive particularly slow because there are children moving through the parking area during the carnival.
- 8. Children cannot use toilets without teacher permission. All buildings except toilets are out of bounds.
- 9. Children will be returning to school with classroom teachers after the event.
- 10. It is most important that all children drink plenty of water during the morning and make sure that they take plenty of drink and some food to the Carnival. (All rubbish must go in the bins provided)
- 11. Children must have suitable footwear (no spikes) and clothing (sports uniform or house colours) in which to run.
- 12. Children must wear a hat and have sunscreen. Sunscreen is to be reapplied regularly during the day.
- 13. Parents and any other spectators are most welcome to attend. Please park in correct areas. Parent helpers needed. Please indicate on bottom of permission note.
- 14. All staff members attending have emergency care and CPR certification.

PERMISSION:

case of emergency.

Signature of parent/caregiver:

All children must have written permission from parent or caregiver. The following permission note is to be returned to your class teacher as soon as possible. Principal ___ Teacher in Charge __ J. Piggott ILLAROO ROAD PUBLIC SCHOOL **CROSS COUNTRY - 2018** I hereby consent to my child: Class: (name) participating in the Illaroo Road Public School Cross Country Carnival to be held at 'Willandra', Browns Mountain Road, West Cambewarra on Monday 9th April, 2018. I understand transport is by bus. I have enclosed \$8.00 per child for course fees and transport. Special needs of the child of which teachers should be aware (include medical/allergies information.) are: To the best of my knowledge, he/she has no medical condition, physical disability or injury which may put the child at risk in participating in cross country running. I understand that by signing this permission note I give permission for my child to receive medical treatment in

Date: