

**ILLAROO ROAD PUBLIC SCHOOL**  
**Swimming and Lifesaving Scheme – 2018**

**DATE:** Monday, 3 December to Friday, 14 December, 2018

**VENUE:** Bomaderry Swimming Complex  
The children spend 40 minutes at the pool and then return to school.  
The swimming programs runs for 10 days.

**COST:** \$35.00. The cost includes bus travel, coaching fees and pool entry.

All money is to be paid to the class teacher. Anyone wishing to make part payments (ie \$5 p/week) can do so.  
**Financial assistance is available, application forms are available from the office and must be returned by Friday, 19 November, 2018.**

**WHO GOES?:** All Year 2, 3, 4, 5 and 6 students will be expected to attend the swimming program and life saving, whether they are competent swimmers or not. The Illaroo Road Public School swimming and lifesaving program will cater for all students in conjunction with the DET 'Learn to Swim' program. **This is a compulsory part of the PDHPE program for all students in Years 2-6.**

**TRAVEL:** Bus

**SCHOOL UNIFORM:** Must be worn by all children. Sports uniform is satisfactory.

**WHAT TO TAKE:**

1. Towel and costumes.	3. A change of underwear.
2. Hat and sunscreen lotion.	4. A suitable carry bag.

**NOTE:**

1. All clothing and any other items must have name clearly marked.
2. There will be no time for showers.

**STAFF:** Teachers accompanying the group(s) will be Year 2 – 6 staff and all have emergency care and CPR certification.

**DETAILS:** This program is run annually by the school to assist both non-swimmers and swimmers to improve their swimming, fitness and water safety skills. The better swimmers are taught a range of lifesaving, water safety and first aid skills as well. All students receive a certificate of achievement at the end of the program. The school canteen will operate as normal and will be flexible with its opening times to cater for all swimming sessions.

This excursion has been approved by the principal.

**Excursion Coordinator:** C. Brooks.  
Ms Brooks

**Please complete the section below and return it to your class teacher.**



**PERMISSION NOTE**  
**Swimming and Lifesaving Scheme 2018**

I hereby consent to my son/daughter/ward (full name) \_\_\_\_\_ Class: \_\_\_\_\_ participating in the IRPS Swimming and Lifesaving Scheme from Monday, 3 December to Friday, 14 December, 2018. I am aware of all the details and requirements for the excursion and that my child will be travelling by bus.

Special needs/instructions for my child are (include medical/allergy details): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please tick one of the following boxes:**

My child **can** swim 50m competently in deep water.

My child **cannot** swim 50m competently.

My child is a non-swimmer or a very weak swimmer.

Level completed last year (if known)

I acknowledge that I have ticked the appropriate box above and understand that by signing this note I give permission for my child to receive medical treatment in case of emergency.

I have made an online payment. My receipt number is ..... Date .....

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_