## Illaroo Road Public School



103 Illaroo Road, PO Box 3346 North Nowra 2541

## Life Education NSW will be visiting Illaroo Road Public School

**Ph**: (02) 4421 0422

**DATE:** Wednesday 28 July, 2021 to Tuesday 10 August, 2021

**VENUE:** Mobile classroom at school

COST: \$12.00 per student

Each child will receive a student workbook and sticker. (Some modules will be online)

Below is a brief outline of the programs. The 60-90 minute session with each participating class is facilitated by the Life Education educator.

Due to Covid-19, products will not be sold from the van this year but they can be order online by going to <a href="https://www.lifeeducation.org.au">www.lifeeducation.org.au</a>

| My Body Matters         | Early Stage 1 - Healthy food choices, importance of physical activity, safety.   |  |
|-------------------------|--|--|
| Growing Good<br>Friends | Stage 1 — Identify safety signs, recognise how physical activity and nutrition contribute to healthy lifestyle, positive relationships |  |
| All Systems Go          | Stage 2 - Influences on body functions including nutrition, exercise and drugs, peer pressure, second hand smoke                       |  |
| Decisions               | Stage 3 - Improve the decision making process by looking at choices, consequences, responsibility regarding drug use.                  |  |

Please complete the section below and return it along with payment to your class teacher by Monday 26 July, 2021



## Illaroo Road Public School PERMISSION NOTE Life Education Program

| I hereby consent to my son/daughter/ward (full name)class                      |  |                 |  |
|--|--|-----------------|--|
| The cost is \$12.00 per student which includes a student workbook and sticker. |  |                 |  |
|  | I have made an online payment of \$12.00 I have enclosed \$12.00 cash. | Receipt number: |  |
| Signature  | of parent/guardian:  | Date            |  |