ILLAROO ROAD PUBLIC SCHOOL CROSS COUNTRY CARNIVAL

DATE: Friday 12 April, 2019 **ORGANISER:** Mr Farquhar and Mrs Timmins

VENUE: Willandra, 101 Browns Mountain Road, West Cambewarra

COST: \$8.00 per child

TIME: Primary assembly 9:00am
Buses depart 9:10am

Walk the course 9:30am (mainly for Years 2 & 3 & new pupils)

8/9yrs girls 2000m 9:45am 8/9yrs boys 2000m 10:00am 10vrs bovs 2000m 10yrs girls 2000m 10:15am 10:30am 11yrs boys 3000m 11yrs girls 3000m 10:45am 11:00am 12/13 yrs girls 12/13yrs boys 3000m 3000m 11:15am 11:30am

ADDITIONAL INFORMATION:

- 1. All primary children are expected to attend and participate.
- 2. Age divisions are for the age turned on 2019 birthday (8yrs born 2011; 9yrs born 2010; 10yrs born 2009; etc)
- 3. Children must remain in house areas when not competing. (May bring some sort of ground cover to sit on.)
- 4. First 30 placegetters score house points. Place certificates are awarded for 1st, 2nd & 3rd.
- 5. First 5 placegetters in each event will represent Illaroo Road Public School at the district carnival. Places 6, 7 & 8 will be invited to join our training squad as reserves. Training will take place Tuesdays and Thursdays at Willandra and at school.
- 6. All cars should enter from the top driveway.
- 7. All cars must drive particularly slow because there are children moving through the parking area during the carnival.
- 8. Children cannot use toilets without teacher permission. All buildings except toilets are out of bounds.
- 9. Children will be returning to school with classroom teachers after the event.
- 10. It is most important that all children drink plenty of water during the morning and make sure that they take plenty of drink and some food to the Carnival. (All rubbish must go in the bins provided)
- 11. Children must have suitable footwear (no spikes) and clothing (sports uniform or house colours) in which to run.
- 12. Children must wear a hat and have sunscreen. Sunscreen is to be reapplied regularly during the day.
- 13. Parents and any other spectators are most welcome to attend. Please park in correct areas. **Parent helpers** needed. Please indicate on bottom of permission note.
- 14. All staff members attending have emergency care and CPR certification.

PERMISSION:

All children must have written permission from parent or caregiver. The following permission note is to be returned to your class teacher as soon as possible.

Excursion Co-ordinator - Mr Farquhar

Cross Country Carnival - 2019	
I have enclosed \$8.00 per child for course fees and transport.	
Special needs of the child of which teachers should be aware (in	nclude medical/allergies information.) are:
To the best of my knowledge, he/she has no medical condition, physical disability or injury which may put the child at risk in participating in cross country running.	
I understand that by signing this permission note I give permicase of emergency.	ssion for my child to receive medical treatment in
Signature of parent/caregiver:	Date:

can help as a carnival official.